

Adults Leisure Activities 2008

Table of Content:

Half Day Cultural Tours

- VALLETTA TOUR - Malta's Capital City PAGE.2
- MDINA TOUR - The Silent City PAGE.2
- SOUTH OF MALTA TOUR PAGE.3
- North of Malta Tour PAGE.3
- Discover Malta by Night PAGE.3
- Good Friday Procession PAGE.4
- Wine Tasting PAGE.4

Full Day Cultural Tours

- Journey Back in Time PAGE.5
- Highlights of Malta PAGE.5
- Gozo Scenic Tour PAGE.6
- Island of Sicily Day Tour PAGE.6

Boat Trips

- Comino 'Blue Lagoon' by Power Boat PAGE.7
- Harbour Cruise PAGE.7
- Gozo & Comino by Powerboat PAGE.8
- Round Malta Day Cruise PAGE.8
- Fernandes Gozo & Comino Day Cruise PAGE.9
- Boat Party PAGE.9

Beach Trips

- Golden Bay – Sandy Beach PAGE.10
- Ghajn Tuffieha – Sandy Beach PAGE.10
- Paradise bay– Sandy Beach PAGE.10

Sightseeing Activities

- Countryside Walk PAGE.11
- VALLETTA Flea Market PAGE.11
- Sunday Special PAGE.12
- GOZO JEEP SAFARI TOUR PAGE.12

Sports

- Countryside Horse Riding PAGE.13
- Sea Scuba Diving PAGE.13

Sample Programme

Page.14

Half Day Cultural Tours

VALLETTA TOUR – Malta's Capital City

The Fortress City, a UNESCO World heritage City "a city built by gentlemen for gentlemen", Valletta has many titles, all recalling its rich historical past. It is the "modern" city built by the Knights of St. John; a masterpiece of the baroque; a European Art City. Nowhere in Malta is the life of the Islands reflected more than here. The maze of narrow streets houses some of Europe's finest artwork, churches and palaces.



WE WILL VISIT:

- City Gate Main Entrance
- Fortified Bastions
- Valletta Foundation Stone / Opera House ruins
- Castille Square & Auberge de Castille
- Upper Barrakka Gardens
- Grand Harbour View

Included:

- Fully Licensed Tour Guide
- Return Transport
- Optional Shopping Time

MDINA TOUR – The Silent City

The history of Mdina and its suburb Rabat is as old and as rich as the history of Malta itself. Mdina, Malta's medieval capital, can trace its origins back more than 4000 years. Both Mdina and Rabat are fascinating to visit for their timeless atmosphere and their cultural and religious treasures. Not to be missed!!



WE WILL VISIT:

- Rabat-Suburbs of Mdina
- Tour all around the fortified City of Mdina
- Panoramic view of Malta from Mdina Bastions
- Free time / Stop for coffee & cake (optional)
- Main Gate and Greek Gate

Included:

- Fully Licensed Tour Guide
- Return Transport

SOUTH OF MALTA TOUR

The South of Malta can rightly claim to be the cradle of Maltese history and the Grand Harbour is a clear sign of this. Together with the 3 Cities, the southern part of Malta has provided a home and fortress to almost every people who settled here as well as being the first home to the Knights of St. John.

WE WILL VISIT:

- Gardjola Watch Tower – view of Grand Harbour
- Walk around one of the Three Cities – Vittoriosa
- Drive through Cospicua
- Visiting Parish Church

Included:

- Fully Licensed Tour Guide
- Return Transport



North of Malta Tour

See the rough coastline of the North of Malta where St. Paul was shipwrecked in A.D 60. With spectacular views of both countryside and sea we will show you a fortified tower and grand palace built by the Knights of St. John.

WE WILL VISIT:

- Salina Catacombs
- Wignacourt tower - view of St. Paul's Island
- Walk to Red Tower
- Visiting Mellieha church
- Selmun Palace
- Xemxija Roman Beehives
- Free time Bugibba

Included:

- Fully Licensed Tour Guide
- Return Transport



Discover Malta by Night

Experience the beauty of the Three Cities and the Grand Harbour during the moonlight hours and enjoy the magic of the floodlit bastions and waterfront.

WE WILL VISIT:

- Gardjola Gardens – Panoramic view of the Grand Harbour
- Vittoriosa Walk around
- Drive through Cospicua
- Free time at the Valletta Waterfront
- Drive around Valletta City Bastions

Included:

- Fully Licensed Tour Guide
- Return Transport



GOOD FRIDAY PROCESSION

The height of Holy Week is the Good Friday procession held early evening. These processions consist of life-size statues depicting scenes from the passion of Christ. Hundreds of Maltese take part, especially in the larger towns, such as MOSTA. Some participants dress in costumes from the times of the Old Testament.

WE WILL VISIT:

- Town of Mosta
- Mosta Parish church
- Good Friday Procession

Included:

- Good Friday Procession
- Return Transport



Wine Tasting

Taste the true fruits of the Maltese climate and countryside. Malta is amongst the first place in the Mediterranean to be introduced to the art of grape cultivation by our earliest known inhabitants – The Phoenicians! Last but not least we will sample a variety of fine local wines accompanied by a range of delicious appetizers.

WE WILL VISIT:

- Wine bar
- 2000-year old cave

Included:

- Wine Lecture
- Different wines to taste
- Maltese appetizers
- Return Transport



Full Day Cultural Tours

JOURNEY BACK IN TIME

All the important periods of Maltese history in a unique journey around the island. From the Romans to the Knights of St. John and the Phoenicians to Present day Malta....see it all in real life in Journey Back In Time!!



ERA - WE WILL VISIT:

- PREHISTORY – Prehistoric remains
- Roman Era – Roman Silos
- Arab Era – Mosque
- Knights/ French Era – The Three Cities area
- Knights of St. John – Gardjola Garden
- British Rule – Grand Harbour
- World Today – End of Cold War Monument
- Malta Today – Freedom Monument

Included:

- Fully Licensed Tour Guide
- Return Transport

Highlights of Malta

The true heart of the magical island of Malta. A licensed guide will be showing you all those 'must-see' places of interest. If you want to experience Malta, we'll take you there!!

WE WILL VISIT:

- Blue Grotto (Boat Trip & Lunch optional)
- Optional snack at the Blue Grotto
- Mosta Dome – 4th largest in the world
- Dingli Cliffs – panoramic views
- Buskett Woodland
- Mdina Glassblowers
- M'Xlokk Fishing Village



Included:

- Fully Licensed Tour Guide
- Return Transport

Gozo Scenic Tour

Visit Malta's sister isle....the land where time stood still! Gozo is a gem and gives visitors an insight into how Malta looked some years back. Enjoy the breathtaking scenery and slow pace of life on a visit which shows you the most important 'must-see' places.



WE WILL VISIT:

- Mgarr Harbour
- Capital of Gozo - Victoria
- Fortified Citadel
- Victoria Suburbs
- Sandy Beach – Ramla L-Hamra
- Dwejra
- Azure Window – Cliff Formations
- Inland Sea

Included:

- Traditional Gozitan Bus
- Return transport to Ferry
- Return Ferry ticket
- Tour Guide

Island of Sicily Day Tour

Excursion every Monday, Wednesday, and SUNDAY visiting the magical island of Sicily

ITINERARY:

- High speed ferry trip from Malta to Sicily (only 90 minutes!!!)
- Met in Sicily by fully air-conditioned luxury coaches and accompanied by licensed guides.
- Visit Pozzallo – typical Sicilian fishing village.
- Cross over 2nd and 3rd highest bridges in Europe...over the Baroque town of Modica.
- Drive through the Iblei Mountain Range with view of villages in canyons.
- Time for refreshments and photos.
- Drive up to Sylvester Craters of Mt.Etna - largest and most active volcano in Europe! Time for lunch (not included) and souvenir shopping.
- Drive to Taormina centre for free-time...enjoy views of Giardini Naxos – former Greek colony and now an international yachting centre (April-October)



Boat Trips

Comino 'Blue Lagoon' by Powerboat

Cruise past Mellieha Bay and the North Coast of Malta with music playing and engines humming. Swim & relax in the 'Blue lagoon' and then.... Hold on tight and enjoy a tour around the magical caves of Comino before speeding all the way back home.

WARNING: You may get wet, but fun is guaranteed!



ITINERARY:

- Transport to boat
- Cruise past Mellieha Bay, North Coast and around Comino
- Powerboat trip to Blue Lagoon
- Free time in Blue Lagoon for swimming and sunbathing Visiting Blue Lagoon and Comino
- Comino Caves Tour
- Return trip by Powerboat to Mellieha
- Transport back home

Harbour Cruise

Join us on a Harbour Cruise and witness Malta's living past. Cruise around the two natural harbours on either side of Valletta - Marsamxett Harbour and the Grand Harbour.

ITINERARY:

- All around the Grand Harbour
- Cruising into all creeks to admire forts, fortified walls & battlements
- View Valletta & Three Cities from the sea

Included:

- Detailed Commentary
- Return Transport



Gozo & Comino by Powerboat

**A full day powerboat trip visiting the top bays in Gozo and Comino,
The highlight of your holiday!!**

WE WILL VISIT:

- Mgarr Ix-Xini (Rocky Inlet)
- Hondoq ir-Rummien Sandy Beach
- Time for swimming and sunbathing
- Santa Maria Sea Caves (Comino)



Included:

- Return transport to Mellieha
- Powerboat trip to Gozo and Comino
- Free time for swimming, sunbathing and optional lunch
- Trip around sea caves

Round Malta Day Cruise

Cruise ALL the way around the island of Malta in one day!! With a stop in the BLUE LAGOON for lunch, swimming and snorkeling or just relaxing in the sun!!

WE WILL CRUISE past:

- Valletta, Marsascalea Bay, St. Thomas Bay, Island Bay, Peter's Pool, Delimara Point, Marsaxlokk, Blue Grotto, Fomm ir-Rih Bay (photo), Gnejna Bay, Anchor Bay and Paradise Bay.
- Blue Lagoon in Comino – for swimming and sunbathing
- On the way back we will cruise past Mellieha Bay, St. Paul's Islands, Salina Bay, Pembroke, St. Julian's and Sliema



ITINERARY:

- Full day cruise around the islands of Malta and Comino
- Time for swimming in Blue Lagoon - Comino
- Cold buffet lunch
- Return Transport

Fernandes Gozo & Comino Day Cruise

Cruise past the north coast of Malta up to the sister island of Gozo where you will spend the morning swimming, sunbathing and admiring the beautiful panorama. In the afternoon we will cruise to magical Comino 'Blue Lagoon' where you can also swim and sunbathe.

Enjoy a wonderful cruise on board the exclusive FERNANDEZ – a Turkish Gullet.



ITINERARY:

- Cruise up the North Coast of Malta – past Sliema, St.Julians, St.Paul's Bay, St.Paul's Island, Mellieha Bay, Gozo and Comino.
- Boat will anchor in a secluded bay in Gozo – you can either remain on board or swim from the boat.
- Boat will moor in the Blue Lagoon – you can remain onboard or swim from the island of Comino.

Included:

- Return Boat Cruise to Comino-Blue Lagoon
- Full use of boat facilities (bar, seating & sundeck & restrooms)
- Morning snack
- Buffet lunch
- Return Transport

Boat Party

The most unforgettable night of your holiday! Swim & party the night away with unlimited wine all night and dinner aboard a 30ft wide catamaran – the ideal party boat!

ITINERARY:

- Boat Trip on Catamaran
- Unlimited Wine and soft drinks ALL Night
- Buffet Dinner
- Transport



Beach Trips

Join us on a visit to one of Malta's best sandy beaches. Time for swimming, splashing and sunbathing or just enjoying the view!

Cool off in the clear blue Mediterranean Sea!

Golden Bay is one of the most popular sandy beaches in Malta. It provides facilities such as a café, sun bed & umbrella hire and various water sports. Experience an amazing sunset!



Ghajn Tuffieha is a sandy beach situated on the north-west coast at the foot of a valley surrounded by unique countryside. It is the perfect place to spend a few hours in natural surroundings, away from the traffic.



Paradise Bay is on the northern tip of Malta with a view to the sister island of Gozo. It is a small sandy beach with good facilities.

Itinerary:

- Visit one of Malta's main sandy beaches
- Time for swimming and sunbathing
- Transport
- Activity leader

What you need:

- Swimming costume
- sunglasses
- Towel
- Sunblock
- Drinking Water

Sightseeing Activities

Countryside Walk

Join our experienced 'Country Guide' for a walk through Malta's unique countryside. See it to believe it!!!!



WE WILL VISIT:

- Siggiewi – traditional Maltese Village
- Dingli Cliffs – One of Malta's highest points
- Fawwara countryside – full of culture and natural beauties
- Girgenti – site of various apparitions of the 'Virgin Mary'

ITINERARY:

- Experienced Country Guide
- Printed Information with the walk's details
- Return Transport

WE RECOMMEND:

- Sun block, hat/cap, drinking water & comfortable walking shoes

VALLETTA Flea Market

'Il-Monti' as known by the locals is at the heart of the Maltese week and a cultural tour itself. Visitors and locals come from all over to buy clothing, replica football kits, car parts, an antique flea market, old books, sweets, live birds and whatever else is deemed to be saleable to someone somewhere. It's fun if not for serious shoppers.



ITINERARY:

- Valletta Flea Market
- Time for shopping
- Return Transport

Sunday Special

A delightful Full Day Combination of:

- Valletta Market
- Harbour Cruise
- Horse Racing
- Cold Buffet Lunch

WE WILL VISIT:

- Valletta Sunday Market
- Cruise around The Grand Harbour and creeks, Marsamxetto Harbour to admire forts, bastions & battlements
- View Valletta & Three Cities from the sea
- Marsa Horse Racing Track



Included:

- Captain Morgan Harbour Cruise
- Entrance fee to Horse Racing
- Cold Buffet lunch
- Valletta Sunday Market
- Return Transport

GOZO JEEP SAFARI TOUR

Forget what is in the guidebooks and come and see the hidden secrets of our sister island! Visit charming places not normally included in bus tours, and that is where you will find the real character of Gozo. A full day of fun and adventure whilst sightseeing and discovering the natural and cultural aspects of the island, enjoying the fresh air and open views from a jeep!



WE WILL VISIT:

- The Azure Window & Inland sea
- Capital City: Victoria & the Citadel
- Deep valleys and small creeks
- Sheer 100 metre cliffs
- Luscious vegetation and terraced hills
- Typical Gozitan villages with sculptured houses
- Natural rock formations & coastline
- Breathtaking views from hilltops

Included:

- Fully Licensed Tour Guide
- Jeeps with fuel

- Gozo Ferry Tickets (return)

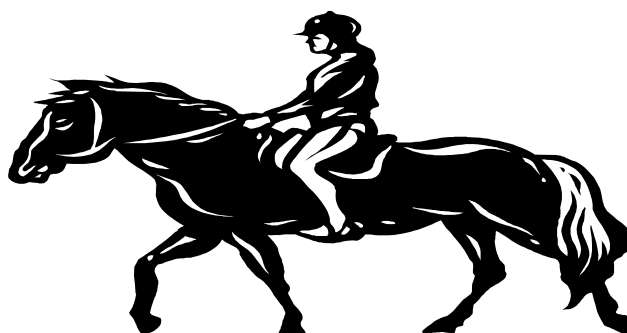
Sports

Countryside Horse Riding

Enjoy one or two hours of horse riding around the west coast of Malta with beautiful views of the Mediterranean Sea.

Included:

- Choice of 1 or 2 hours of horse riding
- Horse trained instructors
- Riding hat
- Return Transport



Scuba Diving

Malta's dive sites are renowned worldwide for their amazing and varied seabed formations, clear underwater visibility. If it is your first experience with scuba diving or if you are an experienced diver our Professional PADI instructor will guide you to a secret underwater world.



WE WILL VISIT:

- One of Malta's top diving sites

Included:

- Scuba diving equipment
- Professional PADI instructor
- Dive certificate
- Return transport

Adult Weekly
Leisure Programme 2008

MONDAY

Free Salsa Lessons

On Mon, Tues & Wed @ 2030hrs

@ *Fuego Salsa Bar, Paceville*

TUESDAY

VALLETTA TOUR

Malta's Capital City

Pick-up from Meeting Point @ 14.30hrs (Till 19.00hrs)

Where Nations
Meet Nations

@ *Fuego, Paceville*

Collect your voucher for a **FREE**
Sangria from your school Rep

WEDNESDAY

Comino 'Blue Lagoon' by Power Boat

Pick-up from Meeting
Point
@ 15.30hrs (Till 19.30hrs)

Sandy Beach

@ Mellieha Bay
Pick-up from Meeting Point
@ 15.30hrs (Till 19.30hrs)

Jungle Fever

Fuego

THURSDAY

Horse Riding

Pick-up from Meeting Point
@ 15.30hrs (Till 17.15hrs)

Discover Malta by Night Tour

Pick-up from Meeting Point
@ 18.45hrs (Till 23.30hrs)

**Worst, Medium
& Best Musician Night**

THE ALLEY Rock Bar, Paceville
Win Great Prizes Free Entrance from 2130
awards

FRIDAY

MDINA TOUR

The Silent City

Pick-up from Meeting Point
@ 14.30hrs (Till 18.30hrs)

**Sea Scuba
Diving**

Pick-up from Meeting Point
@ 15.30hrs (Till 18.30hrs)

Harbour Cruise

Around Marsamxetto Harbour &
THE GRAND HARBOUR

Students are to make their own way to the Sliema Ferries
@ 14.30hrs (Till 16.15hrs) - Bus numbers 652, 645

SATURDAY

Gozo Scenic Tour

Pick-up from Meeting Point
@ 09.15hrs (Till 16.30hrs)

Highlights of Malta Tour

Pick-up from Meeting Point @ 09.45hrs (Till 17.30hrs)

Boat Party

Pick-up from Meeting Point
@ 18.00hrs (Till 01.00hrs)

SUNDAY

Island of
Sicily

Full Day Tour
Speak to School Rep
for more information!

Gozo + Comino
by Power Boat

Pick-up from Meeting Point
@ 11.45hrs (Till 18.00hrs)

**Round Malta
CRUISE**

Pick-up point to be confirmed
by office @ 08.00hrs (Till 18.00hrs)

Golden Bay
Sandy Beach

Pick-up from Meeting Point
@ 10.00hrs (Till 13.00hrs)